



MARCH 2020

Northwest Community Center

701 Saxon Ave.

Spartanburg, SC 29304

Recreation Assistant: Brandon Ortiz

(864) 804 – 5813



Activity Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|---|--|--|---|----------|
| 1 | 2 9:00—Gym Walk 9:30—Word Searches 10:00—Share Good News 11:00—Horseshoes 12:00—Lunch | 3 9:00—Gym Walk 9:30—Word Searches 10:00—Gospel music 11:00—Arthritis Exercise 12:00—Lunch | 4 9:00—Gym Walk 9:30—Word Searches 10:00—Bowling 11:00— Arthritis Exercise 12:00—Lunch | 5 9:00—Gym Walk 9:30—Word Searches 10:00—Show and Tell 11:00—Advisory Meeting 12:00—Lunch | 6 9:00—Gym Walk 9:30—Word Searches 10:00—BP Check 11:00—Arthritis Exercise 12:00—Lunch | 7 |
| 8 | 9 9:00—Gym Walk 9:30—Word Searches 10:00—Music Trivia 11:00—BP Check 12:00—Lunch | 10 9:00—Gym Walk 9:30—Word Searches 10:00—Bible Study with Min. Sims 11:00— Arthritis Exercise 12:00—Lunch | 11 9:00—Gym Walk 9:30—Word Searches 10:00—Bingo with Teresa Kirby 11:00—Board Games 12:00—Lunch | 12 9:00—Gym Walk 9:30—Word Searches 10:00—Movie Theater Day 11:00—Arthritis Exercise 12:00 —Lunch | 13 9:00—Gym Walk 9:30—Word Searches 10:00—Movie Trivia 11:00—Nutrition Education 12:00—Lunch | 14 |
| 15 | 16 9:00—Gym Walk 9:30—Word Searches 10:00—Gospel Music 11:00—Horseshoes 12:00—Lunch | 17 9:00—Gym Walk 9:30—Word Searches 10:00—Bingo with Andrew P. 11:00—St. Patrick’s Day Dance Contest 12:00—Lunch | 18 9:00—Gym Walk 9:30—Word Searches 10:00—Music with Alison Hughey 11:00—Arthritis Exercise 12:00—Lunch | 19 9:00—Gym Walk 9:30—Word Searches 10:00—Arts and Craft with Selena Smith 11:00—BP check 12:00—Lunch | 20 9:00—Gym Walk 9:30—Word Searches 10:00—Balloon Toss 11:00—Bingo & Lunch at NW Center | 21 |
| 22 | 23 9:00—Gym Walk 9:30—Word Searches 10:00—Music/Chat/Coffee 11:00—Favorite Hat Day 12:00—Lunch | 24 9:00—Gym Walk 9:30—Word Searches 10:00—Butterbean Auction 11:00— Arthritis Exercise 12:00—Lunch | 25 9:00—Gym Walk 9:30—Word Searches 10:00—Bible study with Ebony 11:00—Cards 12:00—Lunch | 26 9:00—Gym Walk 9:30—Word Searches 10:00—Birthday Party 11:00—Blind Art 12:00—Lunch | 27 9:00—Gym Walk 9:30—Word Searches 10:00—Bible Study with Brian Harris 10:30—Bingo with Brett 11:00—Arthritis Exercise 12:00—Lunch | 28 |
| 29 | 30 9:00—Gym Walk 9:30—Word Searches 10:00—Puzzle Day 11:00—BP Check 12:00—Lunch | 31 9:00—Gym Walk 9:30—Word Searches 10:00—Movie Theater Day 11:00—Arthritis Exercise 12:00—Lunch | | | | |

All activities are subject to change.