



# OCTOBER 2021

Timken Community Center  
180 Foster Street  
Cowpens, SC 29330

Recreation Assistant: Debi Brown  
864-406-0726 OR [dbrown@spartanburgcounty.org](mailto:dbrown@spartanburgcounty.org)



## Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 9:00—Exercise 10:00—Social Time 10:30—Craft 11:30—Lunch	5 9:00—Exercise 10:00—Brian Harris 11:00—Social Time 11:30—Lunch	6 9:00—Exercise 10:00—Social Time 10:30—Craft 11:30—Lunch	7	8	9
10	11 9:00—Exercise 10:00—Social Time 10:30—Family Feud 11:30—Lunch	12 9:30—Seniors Take Charge at Cleveland Park	13 9:00—Exercise 10:00—Social Time 10:30—Bingo with Andrew and Donna 11:00—Nutrition Education 11:30—Lunch	14	15	16
17	18 9:00—Exercise 10:00—Social Time 10:30—Celebrating October Birthdays 11:30—Lunch	19 9:00—Exercise 10:00—Craft 11:30—Lunch	20 9:00—Exercise 10:00—Social Time 10:30—Advisory Meeting 11:30—Lunch (Grilled Burgers)	21	22	23
24  31	25 9:00—Exercise 10:00—Craft 11:30—Lunch	26 9:00—Exercise 10:00—Joy Makers (Bluegrass Music) 11:30—Potluck (Soups)	27 9:00—Exercise 10:00—Movie: <i>Letters to God</i> & Popcorn Bar 11:30—Lunch	28	29	30

*All activities are subject to change.*