



JUNE 2022

Dr. T. K. Gregg Community Center

650 Howard St.

Spartanburg, SC 29303

Recreation Assistant: Linda Askari



SCOA Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00—Coffee Chat 9:00—Water Aerobics 10:00—Bingo with First Responders 11:00—Lunch 12:00—Relaxing Music	2 9:00—Coffee Chat 9:30—Daily Devotions 10:00—Dancing 11:00—Lunch 12:00—Arthritis Exercise	3 <p style="text-align: center;">Closed</p>	4
5	6 9:00—Coffee Chat 9:30—Daily Bread 10:00—Bingo 11:00—Lunch 12:00—Walk	7 9:00—Coffee Chat 9:00—Advisory Meeting 10:00—Be Attitudes 10:30—Walk 11:00—Lunch 12:00—Arthritis Class	8 9:00—Coffee Chat 9:00—Water Aerobics 10:30—Walk 11:00—Lunch 12:00—Red Light/Green Light	9 9:00—Coffee Chat 10:00—Nutrition Education 10:30—Choir Singing 11:00—Lunch 12:00—Simon Says	10 9:00—Coffee Chat 9:30—Bingo 10:30—Dancing 11:00—Lunch 12:00—TV	11
12	13 9:00—Coffee Chat 9:30—Bingo 10:30—Singing 11:00—Lunch 12:00—Walk	14 10:00—Seniors Take Charge: 1950s (Cleveland Park)	15 9:00—Coffee Chat 9:00—Water Aerobics 10:00—Bingo with First Responders 11:00—Lunch 12:00—Charades	16 9:00—Coffee Chat 9:30—Dr. C. D. Rector 10:30—Sing 11:00—Lunch 12:00—Walk	17 9:00—Coffee Chat 9:30—Bingo 10:30—Getting to Know Your Neighbors 11:00—Lunch 12:00—TV	18
19	20 9:00—Coffee Chat 9:30—Bingo 10:30—Rumor Game 11:00—Lunch 12:00—Show & Tell	21 9:00—Coffee Chat 9:30—Daily Bread 10:30—Charades 11:00—Lunch 12:00—Arthritis Class	22 9:00—Coffee Chat 9:00—Water Aerobics 10:30—Bible Trivia Game 11:00—Lunch 12:00—Chair Exercise	23 9:00—Coffee Chat 10:00—Fashion Show 10:30—Puzzles 11:00—Lunch 12:00—TV	24 9:00—Coffee Chat 9:30—Bingo 10:30—Walk 11:00—Lunch 12:00—Music Mediation	25
26	27 9:00—Coffee Chat 9:30—Bingo 10:30—Simon Says 11:00—Lunch 12:00—Fashion Show	28 <p style="text-align: center;">Closed</p>	29 9:00—Coffee Chat 9:00—Water Aerobics 10:30—Know Thy Neighbor 11:00—Lunch 12:00—Arthritis Class	30 9:00—Coffee Chat 9:30—Dr. C. D. Rector 10:30—Walk 11:00—Lunch 12:00—Music		

All activities are subject to change.