

Timken Community Center  
 180 Foster Street · Cowpens, SC 29330  
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# FEBRUARY 2023



| Activity Calendar |  |  |  |  |        |          |
|-------------------|--|--|--|--|--------|----------|
| Sunday            | Monday   | Tuesday  | Wednesday  | Thursday   | Friday | Saturday |
|                   |  |  | 1<br>Senior Programming (9a-1p)<br><br>Functional Fitness (6:30p-7:30p)  | 2<br>Line Dancing (10a-11a)<br><br>Functional Fitness (6:30p-7:30p)  | 3      | 4        |
| 5                 | 6<br>Senior Programming (9a-1p)<br><br>Functional Fitness (6:30p-7:30p)  | 7<br>Senior Programming (9a-1p)<br><br>Functional Fitness (6:30p-7:30p)  | 8<br>Senior Programming (9a-1p)<br><br>Functional Fitness (6:30p-7:30p)  | 9<br>Line Dancing (10a-11a)<br><br>Functional Fitness (6:30p-7:30p)  | 10     | 11       |
| 12                | 13<br>Senior Programming (9a-1p)<br><br>Functional Fitness (6:30p-7:30p) | 14<br>Senior Programming (9a-1p)<br><br>Functional Fitness (6:30p-7:30p) | 15<br>Senior Programming (9a-1p)<br><br>Functional Fitness (6:30p-7:30p) | 16<br>Line Dancing (10a-11a)<br><br>Functional Fitness (6:30p-7:30p) | 17     | 18       |
| 19                | 20<br>Senior Programming (9a-1p)<br><br>Functional Fitness (6:30p-7:30p) | 21<br>Senior Programming (9a-1p)<br><br>Functional Fitness (6:30p-7:30p) | 22<br>Senior Programming (9a-1p)<br><br>Functional Fitness (6:30p-7:30p) | 23<br>Line Dancing (10a-11a)<br><br>Functional Fitness (6:30p-7:30p) | 24     | 25       |
| 26                | 27<br>Senior Programming (9a-1p)<br><br>Functional Fitness (6:30p-7:30p) | 28<br>Senior Programming (9a-1p)<br><br>Functional Fitness (6:30p-7:30p) |  |  |        |          |

*All activities are subject to change.*