

Woodruff Leisure Center
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February 2023



Activity Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|---|--|--|----------|
| | | | 1 Morning Walkers (7:30a-9:00a) Senior Programming (9:00a-1:00p) ACE (2:30p-6p) | 2 Morning Walkers (7:30a-9a) Homeschool group (10a-12p) ACE (2:30p-6p) Yoga (5:30p-6:30p) | 3 Morning Walkers (7:30a-9a) Senior Programming (9:00a-1:00p) ACE (2:30p-6p) | 4 |
| 5 | 6 Morning Walkers (7:30a-9a) Senior Programming (9:00a-1:00p) ACE (2:30p-6p) Zumba (6p-7p) | 7 Morning Walkers (7:30a-9:00a) HIGH Gold Fitness (9:30-10:30) Open Gym (11-1) ACE (2:30p-6p) HIGH Fitness (6-7) | 8 Morning Walkers (7:30a-9:00a) Senior Programming (9:00a-1:00p) ACE (2:30p-6p) | 9 Morning Walkers (7:30a-9a) Homeschool group (10a-12p) ACE (2:30p-6p) Yoga (5:30p-6:30p) | 10 Morning Walkers (7:30a-9a) Senior Programming (9:00a-1:00p) ACE (2:30p-6p) | 11 |
| 12 | 13 Morning Walkers (7:30a-9a) Senior Programming (9:00a-1:00p) Zumba (6p-7p) | 14 Morning Walkers (7:30a-9:00a) HIGH Gold Fitness (9:30-10:30) Open Gym (11-1) ACE (2:30p-6p) HIGH Fitness (6-7) | 15 Morning Walkers (7:30a-9:00a) Senior Programming (9:00a-1:00p) ACE (2:30p-6p) | 16 Morning Walkers (7:30a-9a) Homeschool group (10a-12p) ACE (2:30p-6p) Yoga (5:30p-6:30p) | 17 Morning Walkers (7:30a-9a) Senior Programming (9:00a-1:00p) ACE (2:30p-6p) | 18 |
| 19 | 20 Morning Walkers (7:30a-9a) Senior Programming (9:00a-1:00p) ACE (2:30p-6p) Zumba (6p-7p) | 21 Morning Walkers (7:30a-9:00a) HIGH Gold Fitness (9:30-10:30) Open Gym (11-1) ACE (2:30p-6p) HIGH Fitness (6-7) | 22 Morning Walkers (7:30a-9:00a) Senior Programming (9:00a-1:00p) ACE (2:30p-6p) | 23 Morning Walkers (7:30a-9a) Homeschool group (10a-12p) ACE (2:30p-6p) Yoga (5:30p-6:30p) | 24 Morning Walkers (7:30a-9a) Senior Programming (9:00a-1:00p) ACE (2:30p-6p) | 25 |
| 26 | 27 Morning Walkers (7:30a-9a) Senior Programming (9:00a-1:00p) ACE (2:30p-6p) Zumba (6p-7p) | 28 Morning Walkers (7:30a-9:00a) HIGH Gold Fitness (9:30-10:30) Open Gym (11-1) ACE (2:30p-6p) HIGH Fitness (6-7) | | | | |

All activities are subject to change.