



# FEBRUARY 2023

**Timken Community Center**

180 Foster Street

Cowpens, SC 29330

Recreation Assistant: Debi Brown

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## Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Bible study with Brian Harris 11:30 - Lunch	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Bingo with Angelia (Oak Street Health) 11:30 - Lunch	<b>7</b> 9:00 - Exercise 10:00 - Advisory Meeting 10:30 - Let's Paint a Heart 11:30 - Lunch	<b>8</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Mod Podge a Picture 11:30 - Lunch	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Valentine Music by Alison 11:30 - Lunch	<b>14</b> 9:00 - Exercise 10:00 - Seniors Take Charge: Brain Boosters (Cleveland Park) 11:30 - Lunch	<b>15</b> 9:00 - Exercise 10:00 - Nutrition Education 10:30 - Bingo with Suzanne (Wren Hospice) 11:30 - Lunch	<b>16</b>	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Make a Clock (Part 1) 11:30 - Lunch	<b>21</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Make a Clock (Part 1) 11:30 - Lunch 11:30 - Bookmobile	<b>22</b> 9:00 - Exercise 10:00 - Having Lunch at The Junction in Gowensville	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Pour Paint 11:30 - Lunch	<b>28</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Bluegrass Music with the Joy Makers 11:30 - Potluck Lunch				

*All activities are subject to change.*