



FEBRUARY 2023

Woodruff Leisure Center
 550 Cavins Road Woodruff SC 29388
 Recreation Assistant: Friends of the Geezers
 Phone #: 476-7967
 Email: bmckinney@spartanburgcounty.org



SCOA Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 - Music Meditation 9:30 - Adult Coloring/Word Search 10:00 - Devotional/Trivia 10:15 - Senior Exercise 10:45 - Family Feud 12:00 - Lunch	2	3 9:00 - Music Meditation 9:30 - Adult Coloring/Word Search 10:00 - Devotional/Trivia 10:15 - Senior Exercise 10:45 - Valentine Craft 12:00 - Lunch	4
5	6 9:00 - Music Meditation 9:30 - Adult Coloring/Word Search 10:00 - Devotional/Trivia 10:15 - Senior Exercise 10:45 - Service Project for Nursing Home 12:00 - Lunch	7	8 Assessments 9:00 - Music Meditation 9:30 - Adult Coloring/Word Search 10:00 - Devotional/Trivia 10:15 - Senior Exercise 10:45 - Bingo with Angelia (Oak St. Health) 12:00 - Lunch	9	10 9:00 - Music Meditation 9:30 - Adult Coloring/Word Search 10:00 - Devotional/Trivia 10:15 - Senior Exercise 10:45 - Rose Scrub 12:00 - Lunch	11
12	13 8:30 - Leave Center (Taking Bus) 9:00 - Heart to Heart Health Fair (TK Gregg Center)	14 10:00 - Seniors Take Charge: Brain Boosters (Cleveland Park)	15 9:00 - Music Meditation 9:30 - Adult Coloring/Word Search 10:00 - Devotional/Trivia 10:15 - Senior Exercise 10:45 - Movie Day 12:00 - Lunch	16	17 9:00 - Music Meditation 9:30 - Adult Coloring/Word Search 10:00 - Devotional/Trivia 10:15 - Senior Exercise 10:45 - Cornhole 12:00 - Lunch	18
19	20 9:00 - Music Meditation 9:30 - Adult Coloring/Word Search 10:00 - Devotional/Trivia 10:15 - Senior Exercise 10:45 - Birthday Party 11:15 - Advisory Meeting 12:00 - Lunch	21	22 9:00 - Music Meditation 9:30 - Adult Coloring/Word Search 10:00 - Devotional/Trivia 10:15 - Senior Exercise 10:45 - Nutrition Education 12:00 - Lunch	23	24 9:00 - Music Meditation 9:30 - Adult Coloring/Word Search 10:00 - Devotional/Trivia 10:15 - Senior Exercise 10:45 - Game Day 12:00 - Lunch	25
26	27 9:00 - Music Meditation 9:30 - Adult Coloring/Word Search 10:00 - Devotional/Trivia 10:15 - Senior Exercise 10:45 - Love is But a Song We Sing (Alison Hughey) 12:00 - Lunch	28				

All activities are subject to change.