



MARCH 2023

Anne Regan Aging Well Center
 503 South Randolph Ave, Landrum, SC. 29356
 Recreation Assistant: Kimberly Billman
 Phone # (864) 768-1357 OR (864) 327-2123
 email mrskdm0077@aol.com



Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 8:00 - Good Morning Talk 9:00 - Devotion/Announcements 9:30 - Adult Coloring/Word Search 10:00 - Pet Therapy: Miles 10:20 - Dance Exercise 10:50 - Give Back Day 12:15 - Lunch	3	4
5 B-Day Shirley Glenn	6	7 8:00 - Good Morning Talk 9:00 - Devotion/Announcements 9:30 - Adult Coloring/Word Search 10:00 - Pet Therapy: Tucker 10:30 - Dance Exercise 11:00 - Nutrition Education 11:30 - Advisory Meeting 12:15 - Lunch	8	9 8:00 - Good Morning Talk 9:00 - Devotion/Announcements 9:30 - Adult Coloring/Word Search 10:00 - Pet Therapy: Miles 10:00 - Bingo with Suzanne (Wren Hospice) 12:15 - Lunch	10 B-DAY Joyce Boyd	11
12	13	14 9:00 - Meet at Center 10:00 - Seniors Take Charge: Oral Health & Nutrition (Cleveland Park) 12:00 - Lunch at Pizza Inn	15 9:00 - Leave Center 9:30 - Breakfast at Strawberry Hill 11:00 - Shopping at Hamrick's	16 B-Day Juanita Corbett 9:30 - St. Patrick's Party Green Day!	17	18
19	20	21 8:00 - Good Morning Talk 9:00 - Devotion/Announcements 9:30 - Adult Coloring/Word Search 10:00 - Hand Therapy 10:20 - Dance Exercise 10:00 - Speaker: Julian with Aetna 12:00 - Bookmobile 12:15 - Lunch	22	23 8:00 - Good Morning Talk 9:00 - Devotion/Announcements 9:30 - Adult Coloring/Word Search 10:00 - Music by the Joy Makers 12:15 - Lunch	24	25
26	27	28 8:00 - Good Morning Talk 8:30 - Devotion/Announcements 9:00 - Adult Coloring/Word Search 9:30 - Hand Therapy 9:45 - Dance Exercise 10:00 - Craft Day 12:15 - Lunch	29	30 8:00 - Good Morning Talk 9:00 - Devotion/Announcements 9:30 - Adult Coloring/Word Search 10:00 - Do Your Thang Day 12:15 - Lunch	31	

All activities are subject to change.