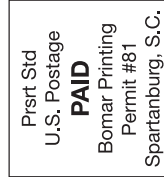


Signing up for Trips

Payments can be made at the Cleveland Park Office Monday-Friday from 9am-4pm. You can also register and pay online at www.spartanburgparks.org. Or, checks can be mailed to: Cleveland Park, 141 N Cleveland Park Dr, Spartanburg, SC 29303. Only checks and credit cards accepted. A driver's license number is required on all checks.

When mailing a registration, please write a separate check for each event and include the name, mailing address, email address, and phone number for each person you are signing up. Registrations are processed in the order in which they are received. **Mailing a payment does not guarantee a reservation.** All trips leave from the former Clarion Hotel (located behind the Community Services Building) off of Fairforest Rd.



SEPTEMBER - OCTOBER 2017

For questions or to RSVP contact the
50+ Wellness Office at
(864) 804-5813
or

bmckinney@spartanburgcounty.org

Find us on Facebook:
50+ Spartanburg County Parks Department



9039 Fairforest Rd.
Spartanburg, SC 29301

864.804.5813



9039 Fairforest Rd.
Spartanburg, SC 29301



50+ Trips

Registration for September and October trips begins August 25th at 12:01am online and 9:00am in person.

Elvis at Flat Rock Playhouse

Flat Rock, NC

**Thursday, September 7th at 2:00pm
\$35 (supper NOT included in price)**

Ladies and gentlemen, Elvis has NOT left the building. Donny Edwards returns to Flat Rock Playhouse for one weekend only with his tribute to the King of Rock n Roll: Elvis Presley. We will begin our trip with shopping and exploring Hendersonville. We will then enjoy supper at Flat Rock Wood Room before the show.

Tweetsie Railroad

Blowing Rock, NC

Friday, September 22nd at 8:00am

\$50 (lunch NOT included in price, eat at the park)

Even in today's high-tech world, there's still a place for old-fashioned fun. As the Carolinas' original family theme park, Tweetsie Railroad is a unique attraction that allows you to explore your imaginations and a whole lot more. Shop along Main Street, pan for gold, and visit the animals in the Deer Park. Tweetsie has amusement rides for all ages and live entertainment throughout the park. And of course, hop aboard the historic steam locomotive for a fun filled 3-mile Wild West journey through the scenic Blue Ridge Mountains.

Biltmore House

Asheville, NC

**Thursday, September 28th at 8:30am
\$135 (lunch included in the price)**

Whether this is your first visit to Biltmore or you've been coming for decades, it's never a bad idea! With gardens to stroll through, wine to taste, and carriage rides to be had how could you not relax! We will spend the morning exploring to our hearts content, followed by a lunch at Deerpark, and end with a carriage ride through the grounds.

2017 South Carolina State Fair

Columbia, SC

**Thursday, October 12th at 9:00am
\$10 (lunch NOT included in the price)**

Animals, projects, crafts, shows, food, cotton candy, rides, games—all things that make up the perfect fair experience! Join us as we take on the 2017 South Carolina State Fair!

50+ Trips

Harrah's Cherokee Casino Resort

Cherokee, NC

**Thursday, October 26th at 8:30am
\$10 (lunch NOT included in price)**

You must bring a government issued photo ID to enter the casino, as well as, have a valid email address to register for a Total Rewards Card to receive incentives. Two forms of ID are required for a jackpot.

Dark Corner Tour

Campobello-Landrum, SC

**Monday, October 30th at 8:45am
\$5 (lunch NOT included in price)**

Take a journey through the Dark Corner. This area was once defined by moonshining, murders, and mayhem. The Squire of the Dark Corner, Dean Campbell, will be leading the tour. We will have lunch at Dimitri's Greek Italian Restaurant following the tour.

50+ Programs

It's Hip to be a Square-Dancer!

Join us on Wednesday, September 6th from 10:00am-12:00pm in the Upper Level at Cleveland Park. The Spartan Spinners will provide demonstrations and instruction. If you love to Square Dance or just want to give it a try for the first time, this is your opportunity. We will enjoy a potluck lunch with friends after we work up an appetite. Please bring sandwiches, salads, or desserts to share. Drinks will be provided. It is free to participate, but please RSVP by September 5th.

Spartanburg Area Senior Sports Classic

"Competition never gets old!" Spartanburg will host our 3rd annual local Senior Games, October 3-5. Spartanburg County, City of Spartanburg, Spartanburg Convention and Visitors Bureau, and others have partnered to bring you 3 days of multi-sports competition for athletes aged 50 and above. Registration is only \$25 (includes a t-shirt and snacks) and ends September 30th.

Spartanburg Council on Aging

The Spartanburg Council on Aging (SCOA) is a focal point for aging resources.

Services available include: information; weekday home meal delivery; senior center programs with a meal; transportation assistance; healthy aging and injury prevention; and services provided through the Appalachian Council of Governments and the Lt. Governor's Office on Aging. Please call the SCOA office at (864) 804-5813 for more information and to schedule an assessment.

Seniors Take Charge

Educate yourself about current issues for seniors. 10:00am-11:30am in the Lower Level of the Cleveland Park Event Center. Refreshments will be served. This is a FREE event.

September 12th...Technology Hacks

October 10th...Monster Mash: Halloween Bash

50+ Programs

THE FFF Club (Food, Fun, & Friends)

Join your fellow 50+ participants for a terrific meal and fellowship. Meals are Dutch treat unless otherwise noted. Please RSVP by the date indicated.

September 14th...La Taverna at 11:30 am...RSVP by September 13th
120 Dorman Commerce Dr, Spartanburg, SC 29301

October 25th...Select Restaurant at 11:30 am...RSVP by October 24th
880 S Pine St, Spartanburg, SC 29302

Final Friday Hikes

Join us at 11:30am for a guided walk along local trails. These are low impact "hikes" that are 1-1.5 miles in length. There is no cost to participate. Pack a lunch to enjoy somewhere along the way. The locations are still being determined. Call for more information.

Bowling

The Bowling group meets every Thursday from 10:00am-12:00pm at Star Lanes. All skill levels welcome! Price is the cost of bowling.

Silver Sneakers

Silver Sneakers is a low-impact fitness class designed for seniors. The class is free for Humana clients. The cost is \$24 per month for those not covered by Humana. The class meets at 11:15am Monday, Wednesday, and Friday at Inman First Baptist Church Gymnasium.

Senior Softball

A group of Spartanburg seniors play pick-up softball games every Thursday at 10:00am at the Tyger River Park Stadium. There are some occasional home and away games scheduled with nearby communities. Players of all skill levels are encouraged to join the group. Please contact Chuck Papale at (864) 884-2019 or cpapale@charter.net for more information.

Pickleball

Pickleball is a fun sport that combines many elements of tennis, badminton and ping-pong.

There are many agencies and locations that are now offering Pickleball. Indoor playing times are: Woodruff Leisure Center on Mondays at 10:30am, Inman First Baptist Church on Mondays and Wednesdays at 6:30pm and Saturdays at 9:00am, Inman Recreation Center (located in the Inman Elementary gym) on Tuesdays at 7:15pm, Middle Tyger YMCA on Wednesday mornings from 9:00am-11:00am, and C.C. Woodson Community Center on Wednesdays at 5:30pm. You can also use the free outdoor courts that are now marked at Duncan Park, Va-Du-Mar McMillan Park, Gordon Henry Park in Cowpens, and at the T.W. Edwards Center in Pacolet.

Stay tuned for more Pickleball locations & times coming soon.

Game Club

If you enjoy playing cards and parlor games and want to socialize with other great people, please join us Mondays from 10:00am-1:00pm for fun. The meeting location will be at the Mary Black Private Dining Room (next to the hospital cafeteria).

Community Centers & Parks

Don't forget to visit the many 50+ programs at our Community Centers and parks. Visit www.spartanburgparks.org to find a park or program that meets your needs.