

# TEEN HEALTH *Night*

A FAMILY  
EVENT

APRIL  
**11**

5:30 – 6:30 p.m. **FORUM**

6:30 – 7:30 p.m. **FAIR**

Upstate Family Resource Center  
1850 Old Furnace Rd, Spartanburg, SC 29316

*sponsored by* **IMPACT SPARTANBURG**

REAL QUESTIONS  
REAL ANSWERS

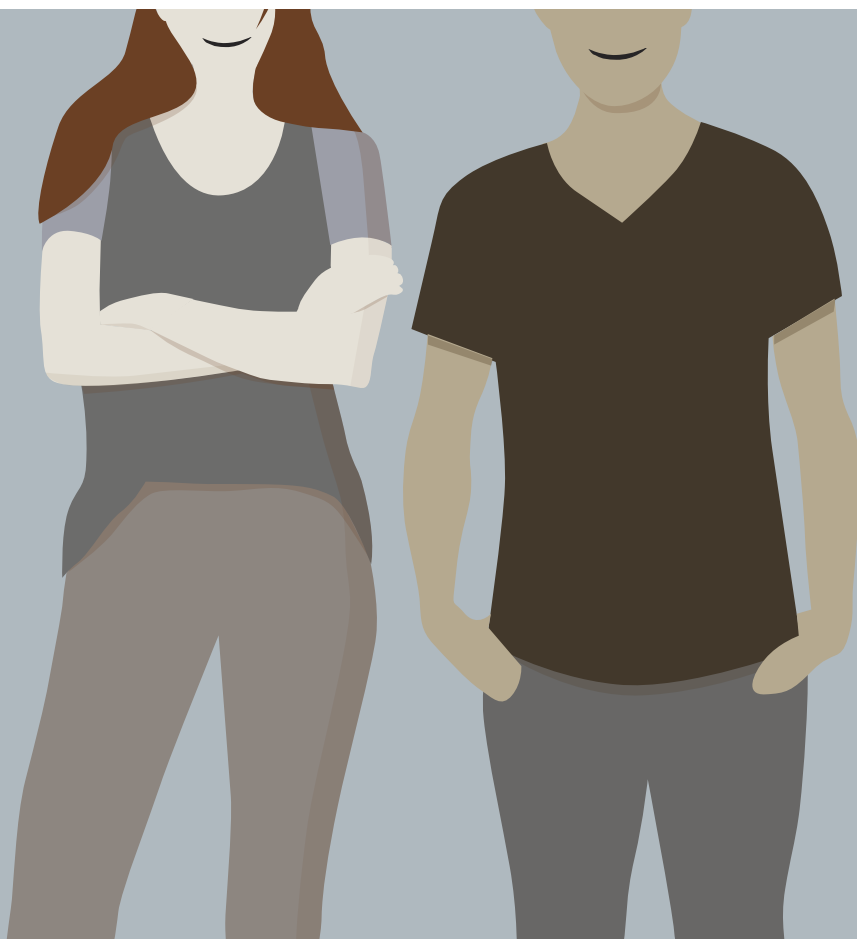
LIVING

RELATIONSHIPS

DATING

MIND & BODY

CHOICES



FREE  
FOOD

**GIVEAWAYS**  
LOTS *of* CHANCES TO WIN

**RAFFLE**



FREE  
EVENT

**SPEAKER *and*  
RSVP INFO  
ON BACK**

# SPEAKERS

## TEEN HEALTH *Night*

5:30 – 6:30 p.m.  
FORUM

### **DR. ALEX KARYDI, LMFT, CSAC, CAC**

Program Director of SCYSPI

Dr. Karydi is a certified drug and alcohol counselor that has been trained in the impact of minority stress. Currently, she serves as the Project Director for the SCYSPI, a community movement to end suicide in children and young adults. She has been working with kids and their families throughout her travels since 2000.

### **JENNIFER O'SHIELDS**

Education Director of SAFE  
Homes-Rape Crisis Coalition

Ms. O'Shields has over 20 years experience in the non-profit sector and with SAFE Homes-Rape Crisis Coalition. She is also a Victim Service Provider (VSP) through the State of SC Office of Victim Services Education and Certification and provides direct assistance as needed assisting clients who are victims/survivors of domestic and sexual violence.

### **JOE PINILLA, MPH, CHES**

Director of Prevention Services of  
The Forrester Center for Behavioral Health

Mr. Pinilla is in the field of substance use prevention providing county-wide services for youth in Spartanburg. He is currently completing the certification process to become a Certified Prevention Specialist, and prior to join The Forrester Center he worked in the field of obesity prevention for the Metro Public Health Department in Nashville, TN.

### **POLLY EDWARDS PADGETT**

Adolescent Health Project Director  
of The Mary Black Foundation

Ms. Edwards Padgett has been in the field of teen pregnancy prevention across South Carolina for more than 16 years. Currently, she is leading the efforts in Spartanburg funded by the Office of Adolescent Health to prevent social disparities and reduce unplanned pregnancies. She is passionate about holistic adolescent health, positive youth development and access to reproductive health programs and services.

### **JOSILLIA JOHNSON**

Project Manager of United States  
Healthful Food Council

Ms. Johnson has developed and is now implementing a school-based, health promotion project focused on nutrition education and environmental sustainability. Using evidence-based surveys she is tracking changes in student's knowledge, skills, and attitudes concerning healthy eating and active living using. Additionally, she helped co-author the national criterion on this topic for best practices in K-12 schools.

### *Event Moderator*

### **ELIZABETH HARDEE, CPRP, SUP-CI, NASM-PT, WFA**

Recreation Assistant Manager  
Spartanburg County Parks Department

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