



# MAY 2021

Landrum Aging Well Center  
211 S. 562  
Landrum, SC 29356  
Shelby Ward  
Sward2@srhs.com



## Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20 8:30—Sign-in and Announcements 9:30—Ice Breaker (Ball Throw) 10:30—Exercise Time (Dance, Walk) 11:15—Message in a Bottle Activity 12:15—Lunch	21	22
23	24	25 8:30— Sign-in and Announcements 9:30—Pandemic Story Time 10:30—Chair Balance or Walk in Town 11—Late Space Day Trivia 12—Lunch and Birthday Chats	26	27 8:30—Sign-in and Announcements 9:30—Get to Re-know You Activity 10—Birthday Bash (for everyone) 11—Favorite Birthday Memory Activity 12—Lunch	28	29
30	31					

All activities are subject to change.