



MAY 2022

Timken Community Center

180 Foster Street

Cowpens, SC 29330

Recreation Assistant: Debi Brown

864-406-0726 OR dbrown@spartanburgcounty.org



SCOA Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9:00—Exercise 10:00—Social Time 10-30—Hot Potato 11:30—Lunch	3 9:00—Exercise 10:30—Oh Yes! The Grapevine	4 9:00—Exercise 10:00—Social Time 10-30—Bible Study with Brian Harris 11:15—Advisory Meeting 11:30—Lunch	5	6	7
8	9 9:00—Exercise 10:00—Social Time 10-30—Bingo with Cameron Byrd 11:30—Lunch	10 9:00—Exercise 10:00—Social Time 10-30—Wheel of Fortune 11:30—Lunch	11 9:00—Exercise 10:00—Social Time 10-30—Music by Alison 11:30—Lunch	12	13	14
15	16 9:00—Exercise 10:00—Social Time 10-30—Lake Cooley (Sub Sandwiches)	17 Assessments 9:00—Exercise 10:00—Social Time 10-30—Bluegrass Music by The Joy Makers 11:30—Potluck	18 9:00—Exercise 10:00—Social Time 10-30—Suzanne from Wren Hospice 11:15—Nutrition Education 11:30—Lunch	19	20 2:00—El Mexicano Eastside	21
22	23 9:00—Exercise 10:00—Billy Graham Library	24 9:00—Senior Enrichment Day (Cleveland Park)	25 9:00—Exercise 10:00—Social Time 10-30—Hatcher Garden 11:30—Bag Lunch	26	27	28
29	30 Closed Memorial Day	31 9:00—Exercise 10:00—Social Time 10:30—Cowpens Battleground 11:30—Bag Lunch				

All activities are subject to change.