



# NOVEMBER 2022

**Timken Community Center**

180 Foster Street

Cowpens, SC 29330

Recreation Assistant: Debi Brown

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## Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Craft: Leaf Jar 11:30 - Lunch	<b>2</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Bible Study with Brian Harris 11:30 - Lunch	<b>3</b>	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Let's Play Hot Potato 11:30 - Lunch	<b>8</b> 10:00 - Seniors Take Charge: 2000s (Cleveland Park)	<b>9</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Craft: Pumpkin Spice Scrub 11:30 - Lunch	<b>10</b>	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Brunch at Grapevine	<b>15</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Bingo with Angelia (Oak St. Health) 11:30 - Lunch	<b>16</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Suzanne (Wren Hospice) 11:30 - Lunch	<b>17</b>	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Craft: Christmas Spoon 11:30 - Lunch	<b>22</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Bluegrass Music with the Joymakers 11:30 - Potluck Lunch	<b>23</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Music with Alison Hughey 11:30 - Lunch	<b>24</b>	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Lunch at El Mexicano	<b>29</b> 9:00 - Exercise 10:00 - Trip to Hamrick's 11:30 - Lunch with Friends	<b>30</b> 9:00 - Exercise 10:00 - Social Time 10:30 - Craft: Tin Can 11:30 - Lunch			

*All activities are subject to change.*